

DEPARTMENT OF THE ARMY U.S. ARMY CORPS OF ENGINEERS 441 G STREET, NW WASHINGTON DC 20314-1000

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COMMANDING GENERAL'S POLICY MEMORANDUM #7

SUBJECT: Suicide Prevention and CISM Peer Support Team

- 1. References: AR 600-20, Army Command Policy.
- 2. Every member of the USACE team is a valued member. All of us need to take steps to look out for each other and if someone does not look or act well, ask them how you may help and provide them with the resources below.
- 3. If there is any mention or hint of suicide, please discreetly speak with the person and use the Army's **ACE** acronym: 1) **Ask** if they want to hurt or kill themselves 2) **Care** by taking the time to listen 3) **Escort** the person for additional help if you can do so safely, call for additional help, or call 9-1-1 if it is an emergency. Finally, practice self-care to ensure that you are well following this important conversation.
- 4. You are never alone, no matter where you are located within this organization. If you feel overwhelmed or discouraged, please seek assistance. I encourage you to contact your supervisor, a USACE Critical Incident Stress Management (CISM) Team Peer Supporter, the USACE Command Surgeon, a healthcare professional, the Employee Assistance Program, the USACE Command Chaplain, a spiritual/religious/philosophical leader, the Army Suicide Hotline at 800-273-8255, or the crisis line at 988 or 911.
- 5. I ask all employees to assist me in maintaining a healthy work environment. Look out for your fellow employees, respect their privacy, but not to the extent of putting them at risk. Every employee can play a role to prevent suicide through attending the annual suicide prevention training and becoming familiar with the principles of suicide prevention found at https://usace.dps.mil/sites/KMP/SitePages/CISM.aspx. Additional suicide prevention resources are available at, http://preventsuicide.army.mil/.
- 6. The point of contact for this memorandum is the USACE Command Surgeon at 202-604-7966.

WILLIAM H. GRAHAM, JR Lieutenant General, USA Commanding